
Letter: Don't throw away the masks just yet!

December 8, 2020

2020 has been quite a year: devastating fires (e.g., Slater Fire), violent protests and a record-breaking heat wave.

What about the COVID-19 virus?

A bright light shone in November 2020 because Pfizer made a strongly effective vaccine for COVID-19.

Don't throw away the masks just yet! If authorized, supplies of the vaccine will be limited.

A virus did not damage my gait, hearing and speech; a drunken driver hit me in 1992. I teach people to not drive drunk. My teaching continues.

Prevent getting and spreading the virus until this vaccine becomes available:

- Celebrate holidays with few people. Preferably, those you live with.
- Use digital platforms (like Zoom) or postage mail to connect with others.
- Watch religious services on TV or online. Gatherings can spread the virus causing illness or death.
- Limit physical interactions with others. Wear a mask in populated areas and stay six feet away from others.
- Avoid heavy drinking. If intoxicated, you are more likely to behave in ways that promote the spread of the virus and even drive drunk.
- Hand washing is your best line of defense.

Lori Martin

Tracy, California