
Prepare for Super El Niño

By Kevin Hendrick: In My View July 29, 2026

A Super El Niño occurs when the central and eastern Pacific Ocean warms significantly. This warming disrupts the normal balance between the ocean and atmosphere, weakening trade winds and suppressing the upwelling of cooler, nutrient rich water. The loss of upwelling can affect our fisheries.

Super El Niños can trigger extreme weather events worldwide including droughts, heavy rainfall, flooding, heatwaves, altered hurricanes and ecosystem disruptions, including fish population declines and increased wildfire risk. This can affect agriculture, water supplies and economies. (Science Times)

Our State Senator Mike McGuire has scheduled a Virtual Town Hall meeting to provide facts about the possible impacts of the Super El Niño that is headed our way soon. This is not a debate over whether climate change is the cause of this extreme weather event. This will be practical information you can use.

Senator McGuire explains why he has scheduled this town hall. “We want to make sure you’re prepared for what has become a historic Super El Niño event, continuing to build off the California coast.”

“This Super El Niño is raising alarm bells among scientists and meteorologists about the potential for larger and more destructive winter storms, significant late season flooding events, ocean-based heat waves, and enhanced summertime monsoonal moisture which could bring lightning to fireprone regions of Northern California.”

“While there’s been a lot of hype around this potential major weather event, we want to separate fact from fiction and give you the straight scoop about what you can expect this fall and winter, when experts predict it will hit, and how challenging conditions may be.”

Senator McGuire has assembled an all-star panel of the nation’s best and brightest weather and ocean experts, including one of America’s top climate scientists, Dr. Daniel Swain, and representatives from the California Office of Emergency Services.

These experts will do a deep dive into this fall’s forecast, while detailing disaster readiness and the most important steps that neighbors can take to prepare.

Senator McGuire’s Super El Niño Town Hall – “Separating fact from fiction” will be livestreamed on Tuesday, August 4 at 6pm.

You can register for this event and submit questions at <https://sd02.senate.ca.gov/august-4-super-elnino-town-hall>

If you need help registering for this event or with any other legislative matter, please email Senator.Mc-Guire@senate.ca.gov or call Senator McGuire's office at (707) 576-2771.

Hope for the best and plan for the worst is a prudent strategy. Our community has gotten good at preparing for disasters. Our experience with tsunamis has taught us to be informed and be aware so that we can minimize the impact of extreme events.

Thank you, Senator Mc- Guire, for helping us prepare.